

Ken's Alpha Story

Ken has worked at St. Pat's in janitorial and maintenance service for the past 16 years. When Fr. Matt announced that staff would be taking the Alpha course, he was skeptical and thought he might be the "weak link knowledge-wise."

"I promised myself that I would go into it with an open mind and see where Alpha took me."

Ken said Alpha was a great experience for him.

"Alpha opened my eyes about Jesus. I saw people that had similar backgrounds and it made me feel like I could be a better man if they could. The best part was seeing the passion in everyone who talked about Jesus. Learning that other people that I can relate to have had the same lost feelings that I had."

Ken said the Alpha course has definitely affected his life in a positive way.

"I learned that you can feel good about yourself and life in general without needing negative vices, thoughts or people in your life," he said.

Having access to the material and videos after the Alpha course gives everyone a chance to review ideas at home or anytime they want to reflect.

"I still go back to certain episodes of Alpha and watch them again for guidance," Ken said.

If you are considering Alpha, Ken offers this advice, "It is a chance to find the answers to several questions you may have about Jesus or about yourself and your beliefs. It was an amazingly positive experience that opened my eyes about living life the right way and achieving genuine happiness and fulfillment."

What will your story be?

Drop us a note at alpha@stpatrickyorkville.org to register or find out more.

